

How do I travel with my oxygen equipment?

VitalAire can provide oxygen to most popular destinations and will advise you of any associated costs. Always try and plan the arrival to your destination on a week day, and follow the pre-travel planning check list below.

Your pre - travel planning check list

Planning well in advance is the most important part of ensuring a successful trip. Your travel plan should include all parties involved in making arrangements for the supply of your oxygen so that you can travel safely to and from your destination. Before you travel ensure:

- You have a current copy of your oxygen prescription
- You have consulted with your airline, train and/or cruise liner regarding any special medical clearance forms required to be completed by your physician before departure. Allow at least 4 – 6 weeks for this process.
- You are aware of the total time of your trip so that you can ensure adequate supply of oxygen.
- You have discussed with your specialist the use of mobility devices such as portable oxygen concentrators or cylinders
- You have the contact details of the VitalAire outlet or other distributors providing you with your oxygen supply
- You have spare nasal cannulas/masks, tubing and connectors

Key Points

Notify VitalAire at least:

- two weeks in advance for destinations within Canada
- one month in advance for overseas destinations

VitalAire will require the following information:

- Travel dates and mode of travel (train, plane etc.)
- Length/time of journey
- Travel details, including any flight, cruise or train references
- Travel itinerary, including all addresses of hotels and travel destinations
- Details of a contact person during travel