



Addressograph

### HOME RESPIRATORY REFERRAL

Fax to 1-866-489-0202 or Phone 1-833-904-2473 • www.vitalaire.ca

#### Patient information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ DOB: **MM/DD/YY**

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Health Insurance #: \_\_\_\_\_

Alternate Contact Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Diagnosis:

#### Sleep Apnea Assessment (optional)

Refer for assessment if 3 or more boxes are checked

##### SYMPTOMS / COMORBIDITIES

- Loud disruptive snoring
- Witnessed Apneas
- Excessive daytime sleepiness
- Wake up unrefreshed / excessive daytime fatigue
- Large neck size (>17" in men OR >16" in women)
- BMI > 30

##### PAST MEDICAL HISTORY

- Hypertension
- Diabetes
- Metabolic Syndrome
- Arrhythmias, CAD, Hx CVA
- Coronary Artery Disease
- Cardiovascular Disease
- COPD
- Anxiety/Depression

#### Sleep Apnea Diagnostics and Treatment

##### REFERRAL:

Please check **one** of the following:

- Level 3 Sleep Study and AutoPAP Trial/Treatment
- CPAP/APAP Therapy  Bi level  A Servo-Ventilation
- Consultation with Dr. Gosia Phillips, Sleep Medical Specialist

#### COPD Screener:

Refer for assessment if 1 or more boxes are checked

- |  | YES                      | NO                       |
|--|--------------------------|--------------------------|
| 1. Do you cough up phlegm regularly?                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do even simple chores make you short of breath?                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you wheeze when you exert yourself (exercise, go up stairs?) | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Are you a smoker or ex-smoker?                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Are you older than 40 years old?                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever had a respiratory related hospital admission?     | <input type="checkbox"/> | <input type="checkbox"/> |

#### Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_

#### Home Oxygen Referral:

- Oxygen Assessment  Humidified High Flow Therapy
- Overnight Oximetry  OPEP Therapy

#### Home Oxygen Rx

\_\_\_\_\_

#### Special Instructions

\_\_\_\_\_

#### Clinic Stamp

\_\_\_\_\_

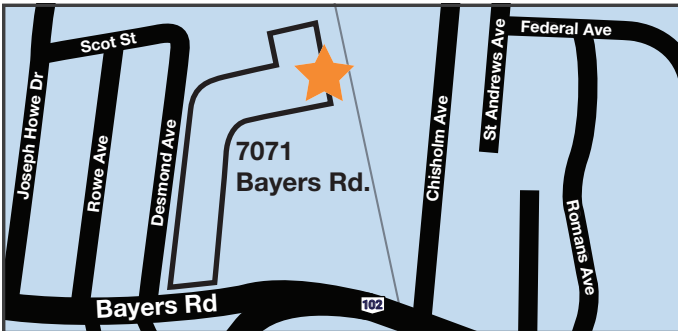
I have obtained written consent from the patient agreeing to the collection, use and disclosure of his/her information to VitalAire Canada Inc.

Physician/Professional Name: \_\_\_\_\_ Date: MM / DD / YYYY

Signature: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Our referral form can be found on all Nova Scotia EMR platforms**

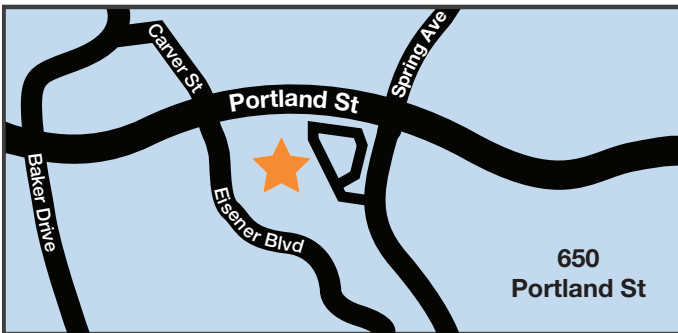
## LOCATIONS



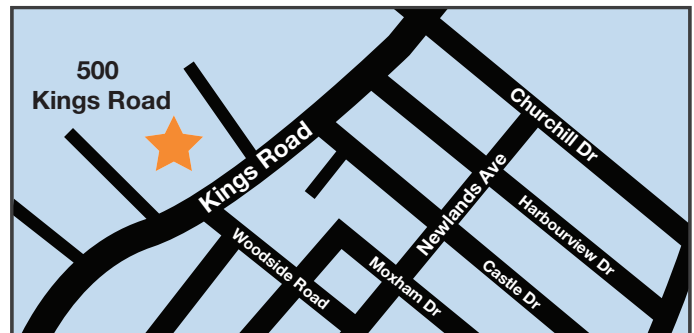
**HALIFAX:** 7071 Bayers Rd., Suite 140  
Halifax, NS B3L 2C2  
Phone: (902) 450-5162



**ANTIGONISH:** 133 Church St  
Antigonish, NS B2G 2E4  
Phone: (902) 867 0413



**DARTMOUTH:** 650 Portland Street, Unit 115A  
Dartmouth, NS B2W 6A3  
Phone: (902) 450-5162



**SYDNEY:** 500 Kings Road Unit 104  
Sydney, NS B1S 1B1  
Phone: (902) 539-3660



**STELLARTON:** 91 Lawrence Blvd. Unit 1D  
Stellarton, NS B0K 1S0  
Phone: (902) 752-4117