



Head Office  
Fax: 514-593-1063  
Québec Office  
Fax: 418-658-2506  
www.vitalaire.ca

## Request: Sleep Study / CPAP Treatment

### Patient

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

### Sleep Study

#### Symptoms

- Sleepiness
- Snoring
- Witnessed apnea
- Restless legs
- Suspected apnea
- Other \_\_\_\_\_

#### Risk factors

- Diabetes
- Heart disease
- Hypertension
- Arrhythmia
- Depression
- Obesity

### HOME SLEEP STUDY (PCRS)

- Cardio respiratory polygraphy **WITH** management by a sleep specialist
- Cardio respiratory polygraphy **WITH** management by a sleep specialist AHI > 10
- Cardio respiratory polygraphy **WITHOUT** management by a sleep specialist

### Treatment

- Proceed to CPAP treatment with fixe pressure \_\_\_\_\_ cm H<sub>2</sub>O ± 2 cm H<sub>2</sub>O
- Proceed to APAP treatment with fixe auto pressure \_\_\_\_\_ min, \_\_\_\_\_ max cm H<sub>2</sub>O ± 2 cm H<sub>2</sub>O
- Proceed with BIPAP therapy : \_\_\_\_\_

### Referring Physician

DATE \_\_\_\_\_

NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_

LICENSE NUMBER \_\_\_\_\_

STAMP

*VitalAire cares about you everywhere in Quebec, Canada and in more than 80 countries.*

All sleep studies are interpreted by Collège des médecins du Québec certified pulmonologist.  
Medical director: Dr Sean Gilman, MD, FRCPC



## Several Offices - Sleep Apnea Clinics

### ANJOU - HEAD OFFICE

7100, rue Jean Talon Est, bureau 100  
Anjou, Québec H1M 3S3  
Phone: 514-721-2355  
Toll-free : 1-833-904-2473  
Fax: 514-593-1063

### SAINT-CHARLES-BORROMÉE

28, chemin du Golf Est, local 100  
Saint-Charles Borromée  
Québec J6E 2B4  
Phone: 450-760-9777

### LAVAL

3230, boul. Curé-Labelle  
Bureau 205  
Laval, Québec H7P 4W6  
Phone: 450-978-2336

### LÉVIS

1190B, rue de Courchevel  
4<sup>e</sup> étage, Lévis  
Québec G6W 0M6  
Phone: 418-658-2425

### LONGUEUIL

Centre Véronneau:  
365, rue St-Jean, bureau 123  
Longueuil, Québec J4H 2X7  
Phone: 450-646-1058

### MONTRÉAL (CARTIERVILLE)

Complexe Médical Nord-de-L'Île  
5777, boul. Gouin Ouest, suite 320  
Montréal, Québec H4J 1E3  
Phone: 514-745-3053

### MONTRÉAL (DOWNTOWN)

2060, rue de la Montagne, suite 301  
Montréal, Québec H3G 1Z7  
Phone: 514-989-8937

### MONTRÉAL (POINTE-CLAIRE)

189, boul. Hymus, suite 205  
Pointe-Claire, Québec H9R 1E9  
Phone: 514-426-3922

### QUÉBEC

Plaza Laval :  
2750, chemin Ste-Foy, bureau 137  
Ste-Foy, Québec G1V 1V6  
Phone: 418 658-2425  
Fax: 418 658-2506

### SAINT-EUSTACHE

55, boul. Industriel  
Saint-Eustache, Québec J7R 5C2  
Phone: 450-472-9556

### SAINT-HYACINTHE

1295, rue Blanchet  
Saint-Hyacinthe, Québec J2S 1J9  
Phone: 450-773-8024

### VALLEYFIELD

298, chemin Larocque, Unité C  
Salaberry-de-Valleyfield, Québec J6T 4B9  
Phone: 450-370-0113

### VAUDREUIL

3, boul. de la Cité-des-Jeunes, bureau 205  
Vaudreuil-Dorion, Québec J7V 0N3  
Phone: 514-223-1249

